

2026-2027



Hawkettes Handbook

PROGRAM OVERVIEW

Welcome to the 2026–2027 Arrowhead Hawkettes Dance Team

The Arrowhead Hawkettes are a varsity-level competitive dance team. Our program is centered on athletic training, technical excellence, and competitive performance. Throughout the season, we compete locally and register to participate in WACPC Southern Regionals, with the goal of earning qualification for the WACPC State Competition.

While the Hawkettes proudly represent Arrowhead High School and participate in select school events, our program is first and foremost a competitive varsity sport. Once the home football season concludes, our primary focus shifts fully to competition preparation and varsity-level performance standards.

The success of the Hawkettes program is built on the commitment of our dancers, the support of our families, and the leadership of experienced coaching staff. Together, we uphold a culture of discipline, accountability, teamwork, and excellence; preparing our athletes to perform at the highest level.

The following pages detail the rules, procedures, and expectations of each member of the team. Please read carefully and refer to this handbook should you have any questions. Although this is an extensive handbook, not every scenario is outlined. If the answer is not found herein please contact the coaches with any questions or concerns.

COACHES

Kathryn Indermuehle - Head Coach

Kathryn.Hawkettes@gmail.com

Reese Losieczka - Assistant Coach

Reese.Hawkettes@gmail.com

TIME COMMITMENT

Hawkettes are like all other sports teams where the players depend on each other to work hard and be present. Each dancer must be physically and mentally present at all events to be fair to the other dancers, coaches, and themselves.

PRACTICES

All practices are considered mandatory and are essential to learn, choreograph, and clean routines.

Summer Practice Schedule (Beginning the week of June 15th):

Mondays/Wednesdays 10am-12pm

*We'll meet earlier if needed

No practice the week of July 29th

Additional Summer Practices:

Additional practices may be added with advance notice as needed during the summer.

Summer Choreography ~ Dates TBD

Pom

June 7th

Jazz

July 27th & 28th (Mon/Tues)

Monday: 8am-12pm

Tuesday: 12:30-4:30pm

Hip Hop

Currently TBD, Tentatively holding July 12th & 13th and waiting on confirmation from our choreographer.

Badgerette Camp (overnight at Carroll University):

July 22nd-25th

School Year Practice Schedule:

Wednesdays - 3:00-5:00pm

Fridays - 3:00-5:30pm (Location - Lake Country Dance, 675 Industrial Ct)

FOOTBALL GAMES

Home Varsity Football Games ~ 7pm Games at Arrowhead

August 21st

September 11th

September 18th

October 2nd (Homecoming)

October 9th

COMMUNITY EVENTS

Hartland Hometown Parade ~ Sunday, June 28th

Hartland Kids Day ~ Wednesday, July 29th

Wings Performance ~ Friday, August 21

COMPETITIONS

Competitions are mandatory for floored dancers.

Tentative Competition Schedule:

Dates are tentative! We will update if any changes/edits need to be made.

November - 7th Franklin Saber Showdown

December - 5th Ashwaubenon (would most likely spend 4th & 5th in a hotel and drive back on the 7th)

January - 10th (Sunday) - DTU Regionals at Watertown High School

January 23rd - Regionals

February 5th & 6th - State!

SUPPLEMENTAL TRAINING (STRONGLY ENCOURAGED)

The Hawkettes program is intentionally designed with limited weekly practice time in order to support a healthy balance for our dancers. This allows athletes the flexibility to participate in their home studio training, school clubs, work commitments, and to appropriately manage academic demands.

Because of this structure, team practices are focused primarily on learning, refining, and cleaning choreography. We do not have the time within our scheduled practices to provide in-depth instruction on foundational dance technique such as turns, leaps, flexibility, or acro skills.

Dancers who are looking to continue progressing technically are strongly encouraged to pursue supplemental training outside of Hawkettes practices, both during the season and throughout the off-season. **Ongoing technical development plays an important role in individual growth and in maintaining the overall competitive level of the team.**

Options for Supplemental Training

Dancers may enroll in classes at **any studio or training facility of their choosing.**

Local options include:

- Lake Country Dance – offering a discounted rate on select technique classes for Hawkettes. Class will be on Tuesdays from 8-9pm. More info to come!
- Accent on Dance
- Elite Tumbling Factory – offering tumbling classes, with a new location opening in Lake Country

Please contact the training facility directly for class schedules, rates, and registration information.

TEAM PARTICIPATION & COMPETITIVE READINESS

All dancers selected for the Arrowhead Hawkettes will participate in summer training, summer camp, and fall regular season home football games.

At auditions, dancers will learn choreography in **pom, jazz, and hip hop** styles. Based on auditions, dancers will be selected for each of the three routine styles for the season. We intend to determine **floored dancers and alternates** for each routine at that time if possible. **Floored dancers** will perform in our competition routines.

- **Alternates** are expected to learn and rehearse the routines with the intention of being fully prepared to step in if needed due to injury, illness, or other circumstances.

Our goal is to set routines and formations early in the season so practices can focus on cleaning, performance quality, and team cohesion. This structure allows dancers to build confidence and consistency throughout the competitive season.

Dancers who are not selected as a floored member or alternate for competition routines will continue as valued members of the team throughout the fall season, participating in all game day activities including football sidelines and halftime performances. Once the regular season home football schedule concludes, their Hawkettes season will wrap up at that time. Dancers who are placed in competition routines will continue practicing and preparing for competitions through the remainder of the season.

We are committed to providing a positive and meaningful experience for every dancer, with opportunities to grow, perform, and contribute to the team in a variety of ways.

ADDITIONAL COMMITMENTS

The team may participate in other functions (fundraisers, community events, etc throughout the season and all team members are expected to attend as able).

FINANCIAL COMMITMENT

Estimated Season Fees

The following is an ***estimated breakdown of costs for the Hawkettes season***. These expenses cover required team gear, competition-related fees, and performance necessities throughout the year.

Some items will be purchased by families independently, while others will be ordered by the team and invoiced to families as expenses occur throughout the season. Costs may vary slightly based on final selections and vendor pricing.

Estimated season cost range: \$1,680–\$1,910

Cost Breakdown ~ Full Competition Team Member

- Warmup Jacket: \$165 (*new style for the 26/27 season)
- Backpack: \$55
- Camp: \$470
- Camp and Team Gear: \$120
- Competition Poms: \$75–\$80

- Game Day Poms: \$65
- Music Fees: \$45–\$75
- Choreography Fees: \$325–\$400
- Jazz Costume Base: \$55–\$80
- Jazz Costume Embellishments: \$50–\$75
- Hip Hop Costume: \$100–\$150
- Team Tennis Shoes: \$65–\$85
- Team Socks: \$16
- Jazz Shoes: \$50
- Team Makeup: \$60

We strive to spread costs out over the course of the season whenever possible and will communicate timelines clearly as expenses arise.

Fundraising & Program Support

Fundraising efforts are designed to support the Hawkettes experience and help provide **fun extras and enhancements for our dancers throughout the season**. These funds are used primarily to cover items that add to the team experience but fall outside of standard required fees.

Fundraising typically supports:

- Snacks and meals on event days and competition days
- Additional team gear or fun sets requested by the dancers that are outside of required uniforms or team jackets
- Team-building extras that enhance the overall season experience

In addition, fundraising may help offset select program costs, including:

- Uniform updates or new competition or game-day uniforms/attire as needed
- Competition music for pom and hip hop routines
- Choreography fees for competition pom, jazz, and hip hop routines

Costs Covered by the Arrowhead School District

The following expenses are covered by the Arrowhead School District:

- Competition entry fees
- Hotel rooms for State (within reasonable limits)
- School bus transportation (standard school bus, not coach bus) for competitions

Fundraising is not intended to replace required team fees, but rather to enhance the overall experience for our dancers while helping support select program needs throughout the season.

UNIFORM CARE

Dancers are expected to take good care of their uniforms and team owned accessories including proper washing (generally, **handwashing**) and maintenance. The individual member will pay for replacement of any lost or damaged articles. Uniforms must be returned WASHED and CLEAN at the end of our season.

The monetary value of any non-returned uniforms or equipment will be registered to the student as a fee to be paid before another sport can be played or the student can graduate.

Dancers are not allowed to let non members wear any portion of the uniform, except with permission of a coach.

ATTENDANCE POLICY

Dancers are expected to attend all practices and events to ensure the success of the team and encourage dancers the responsibility of making a commitment.

Excused Absences

- Funerals
- Family obligations - weddings, family reunions, vacations, etc. Please inform coaches *several weeks in advance*.

- Emergency absences for illnesses or other last minute unavoidable conflict
- Absences should be entered on our Absence & Illness Google Form.
- Dancers should contact *both* coaches regarding any questions or issues.

Unexcused Absences

- Non emergency appointments - Doctor/dentist appointments should not be scheduled during practice time. If an appointment has been made prior to the dancer receiving the calendar, an attempt should be made to modify the appointment.
- Work - Once a dancer has accepted a position on the team, they are responsible for notifying their place of employment and providing them with days that conflict with our calendar.
- Driver's Ed Lesson

Reporting Absences

Dancers should email both Kathryn.Hawkettes@gmail.com and Reese.Hawkettes@gmail.com to report absences.

CODE OF CONDUCT

Each member is an essential part of the team and is expected to demonstrate recognition of their important role. We know each dancer is important to the team. Each dancer needs to be a helpful, encouraging teammate. At Arrowhead, we strive to be appropriate, respectful, and responsible. Hawkettes are considered leaders of their school. Each dancer's respect is expected and needed at all times. Dancers are expected to be respectful of each other and coaches by refraining from any type of negative talk, negative attitude, and/or any type of social media post that would put the dancer or the team in a negative light. Any member who is found to be disrespectful to any of her teammates or coaches - either in practice, at a performance, at school, on social media, etc will be addressed and may be excused from the team.

PHONES & SMART WATCHES

Dancers will be expected to put their phones away during practice time and be present. In certain circumstances, with a request by a parent, dancers may check their phone briefly and then return it to their bag.

COMMUNICATION

Communication is an integral part of a successful team. Dancers are expected to be in regular contact with coaches through email regarding any absences, conflicts, or matters that require

attention. Dancers are expected to address any concerns with the coaches in an appropriate time and place.

Coaches will not discuss formation placements or choreographic decisions. These decisions are always made in the best interest of the team.

Coaches will communicate information to dancers and parents via **email** and **Band App**. Email is the preferred method of communication. Band App will be used for calendars/schedules and event day communication as needed.

How to Communicate with Us on Band

Member Requests

- Approval is required to join

Quiet Mode 9pm-9am

Members will not receive push notifications during this scheduled time.

Posts & Comments/Replies

- Coaches & Team Parents will have permission to make posts
- All Band members will have permissions to comment/reply on posts
 - Pro Tip: If you have a particular question, if you @ the person, they will get the notification.

Band Chat will be OFF

- The group chat will be off; however, you can chat an individual directly.

A Team Roster with contact info will be created following auditions so that families may connect. Please reach out if you would prefer any of your information NOT be shared. (email & cell phone number)

ARROWHEAD ACTIVITY CODE

Each dancer must abide by the AHS Activity Code - this includes student's school attendance requirements, academic requirements, repercussions for drug and alcohol use and other criminal or illegal activity, and the schools behavioral standards.

We are looking forward to an amazing season of dance!